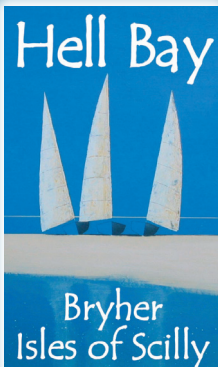


# Breakfast



# Breakfast

Good morning!  
Please help yourselves from the buffet for:

A selection of chilled juices  
Orange, Grapefruit, Apple and Cranberry

Selection of cereals

Fresh fruit basket  
Mixed berry compôte  
Prunes  
Poached apricots

Local natural yoghurt

Freshly baked pain au chocolat and croissants

Cold meats and cheese

\*\*\*

From the kitchen;  
Take Your Pick:

Porridge

Grilled smoked back bacon, local sausage, grilled tomato,  
black pudding, grilled field mushroom, fried bread and  
your choice of poached, fried or scrambled egg (all free range)

French toast, smoked bacon, maple syrup

Grilled fresh natural smoked kipper on the bone, lemon butter

Poached fresh natural smoked haddock  
with poached egg

Smoked salmon and scrambled eggs

Boiled egg with soldiers

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Hot toast and preserves.  
Freshly ground cafetiere coffee, a selection of teas and infusions.  
Hot chocolate

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We hope you have a good day.  
If you have any requests for dinner tonight, please let us  
know now and we will see what we can do.

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A Tresco Estate Hotel